



23 Sep 2015

Bay of Plenty Times, Tauranga Bay of Plenty

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five flavours

1

180 degrees of caffeine magic

Jed's Bean Bag use pyramid-bag technology to create brew-in-your-cup fresh coffee.

Filled with top-quality coffee that has been freshly roasted in New Zealand, the pyramid shape of the bag lets the freshly ground coffee move and tumble about for a plunger quality brew. Each coffee bag is individually sealed to lock in freshness, making them easy to take anywhere you go.



2



Amazingly tasty All Blacks kit

When the game gets tense and you're perched on the edge of your seat, eyes glued to the screen, don't claw the couch. Wrap your hands around a sturdy, limited edition All Blacks New Zealand Kettle Korn tin. Supporting our boys in black has never been tastier. Lightly salted, slightly sweet and deliciously crunchy, the snacks are also gluten, soy, dairy and peanut-free. In a limited edition collectors' All Blacks tin, \$9.99 (300g).



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2
3

Healthy snacks with a monster bite

Mini Bites are brown rice cakes, each with their own mini-monster persona. With the goodness of whole grains, the snacks are gluten-free and contain no artificial colours — making them a healthy alternative to potato chips. In three varieties — Scary Salt & Vinegar (complete with a toothy purple monster), Devilish Chicken (starring a grinning one-eyed green snake) and Creepy Cheese (featuring a long-haired, big-eyed yellow monster), RRP\$4.99.



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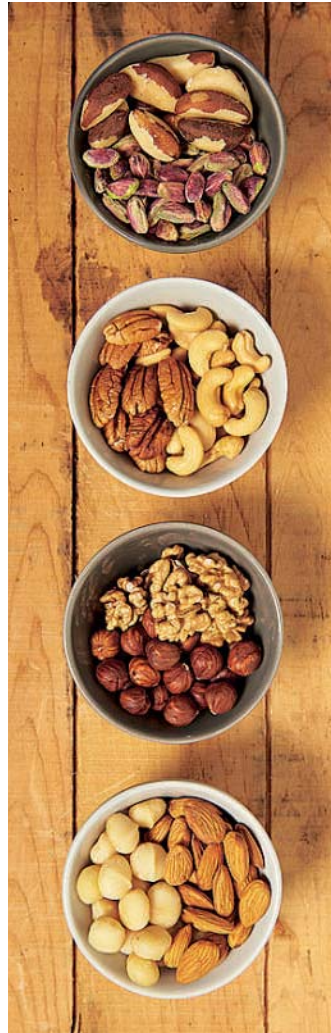
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4



Go nuts and live longer

A recent Spanish study found that including 30g of mixed nuts a day in a Mediterranean-style diet provides a range of long-term health benefits, including improvements in cardiovascular disease and its risk factors — weight management, brain health, and a reduced risk of diabetes and metabolic syndrome.

New Zealand Nutrition Foundation dietician Sarah Hanrahan says people shouldn't be fooled into thinking that eating nuts leads to weight gain. "Mixed nuts are an especially good option because they combine the nutrients of each individual nut to create a total package full of vitamins, minerals, antioxidants and phytochemicals beneficial to health."



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Milk with the cream on top!

The Vosper whanau of Jersey Girl Organics have been custodians of their farm in the heart of the Waikato for five generations. In 2003 they became certified organic farmers. Jersey milk is high in Omega 3 and A2 protein. Jersey Girl Organics do not homogenise the milk so by original design the cream rises to the top. It is sold via vending machines, farmers' markets and some retailers in the Bay of Plenty.